



# FREE

## Abuse Awareness for Parents

While the overwhelming majority of coaches and volunteers join sports for all the right reasons, some have other intentions. Parents play an important part in USA Swimming's Safe Sport efforts.

We encourage our parents to complete this free abuse prevention trainings.

#### How to access the training:

1. Go to [usaswimming.org/protect](https://usaswimming.org/protect)
2. Click "More"
3. Click "Safe Sport for Parents"
4. Click "learn@usaswimming.org" to create an account and access the courses.

#### Abuse Awareness for Parents

Designed by Praesidium, USA Swimming's athlete protection training partner, this free, interactive course helps parents understand their role in abuse prevention and helps their children have a lifetime of wonderful swimming memories.

#### Training topics include:

- Myths and facts about child sexual abuse
- How offenders operate
- How to recognize boundary violations
- USA Swimming Code of Conduct and Athlete Protection Policies
- How to respond to boundary violations

**GET STARTED TODAY! • [usaswimming.org/protect](https://usaswimming.org/protect)**